

Lewis and Clark County Mental Health Local Advisory Council
Intermountain Conference Room
Tuesday, October 2, 2018, 11:30 a.m.

Mission Statement: The purpose of the LAC is to assist in the improvement of Lewis and Clark County public mental health services and to review and make recommendations about Lewis and Clark County's public mental health services to the Lewis and Clark County Commissioners, as well as provide input and recommendations to the State of Montana's Mental Health Oversight Advisory Council (MHOAC) and the State of Montana's Service Area Authorities (SAA) serving the community.

Minutes

1. Call to Order and Reading of the Mission Statement

Jill Steeley called the meeting to order and led introductions throughout the room.

Andy Hunthausen read the Mission Statement.

Members in Attendance: Jill Steeley (Chair), Matt Furlong (Vice Chair), John Wilkinson (Past Chair), Drenda Niemann, Ray Roberts, Andy Hunthausen, Brian Coplin, Cory Bailey, Michelle Marshal, and Gary Mihelish.

Guests in Attendance: Alison Munson, Annie Maxiner, Brandy Vail, Jacqueline Isaly, Jen Shirilla, David Roberts, and Jess Hegstrom.

Staff in Attendance: Jocelyn Olsen

2. Approval of Meeting Minutes

September 11, 2018 minutes were approved as presented.

3. Discussion on Same Topic Meetings

In an effort to minimize multiple meetings regarding the same topic, some groups have consolidated. Workgroup 3 has volunteered their efforts to the Mayor's Challenge and has split in to the three different workgroups of the Mayor's Challenge. These workgroups are discussing crisis intercept mapping, peer support, and 2-1-1.

The Criminal Justice Coordinating Council and the Citizen's Advisory Council also have some focus on addiction and mental health, co-occurring disorders. In specific, these groups have looked in to implementing mental health screenings when people are booked in to the County Detention Center and having the Mental Health Therapist at the Detention Center complete behavioral health assessments with as many individuals as possible.

The Maternal Mental Health Group has been working on improving the mental health screening efforts in the primary care setting and utilizing the Connect and 2-1-1 databases. They have also looked at crisis response for maternal mental health.

Ultimately, the LAC has currently consolidated meetings as much as possible.

4. Updates From Other Mental Health Groups

a. Service Area Authority (SAA)

The SAA would like the LAC's in the central region to apply for the mini-grants that they have available for approximately \$5,000 or less. The SAA must have all monies spent by the end of the state fiscal year so LAC's are encouraged to go on the SAA website to find the mini-grant application and return them as soon as possible. One desire of the SAA is to have LAC's set up meetings with legislators and determine their legislative priorities so it would be beneficial for L&C LAC to apply for a mini-grant that would assist in making this happen. Jill assigned coordination of legislative meetings to Workgroup 2.

b. Mental Health Oversight Advisory Council

The MHOAC only meets a couple times per year so there are no new updates. However, like the SAA, MHOAC is involved in helping to determine legislative priorities as well as mental health items that should be a priority for the Governor's budget. Once Workgroup 2 identifies some priorities, they are to give them to Andy Hunthausen for presentation. It was noted that Medicaid Expansion will likely be a priority for many.

c. Lewis and Clark County Suicide Prevention Coalition

This morning the Board of County Commissioners approved the acceptance of a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to begin suicide prevention trainings in Lewis and Clark County, which will require the hiring of a Suicide Prevention Coordinator. Once the job description is finalized, this position will be advertised. Additionally, the Lewis and Clark Suicide Prevention Coalition now have a new Facebook page, an Instagram account, and a website (lcsuicideprevention.org).

d. Law Enforcement Mental Health Committee

The following was discussed at this meeting which occurred right before this one. Intermountain hired a new therapist who is working at St. Peter's Hospital. Journey Home is still working on getting medical clearances completed by other medical facilities in the community so they may begin directly admitting those in need. Our Place has experienced a major influx in individuals from Butte; speculation that people are exiting Pre-release and coming to Helena. Warm Springs has been discharging individuals without notification.

5. Workgroup Reports

- a. **One** – A focus of this group has been to inventory mental health services in our community. This group has determined that the most effective way to do this would be through the 2-1-1 system, therefore this group would like to volunteer their efforts to 2-1-1 to help get the database updated. Once this is completed, they will focus on assessing what the barriers are to getting services and addressing these barriers with the providers. Finally, they will work to get more providers included. Jill Steeley requested that Michelle Marshal and Brandy Vail join Workgroup 1 in these efforts.
- b. **Two** – The Man Therapy Kick-off last Friday was successful. Now focus has shifted to the Guy's Night Out Activities which focus on fitness, wellness, and connectivity. While this continues, this group will begin to work on establishing legislative priorities and scheduling a legislative meeting.
- c. **Three** – Last year Matt Furlong applied for a grant that was just received to fund the creation of a community resource guide which is set to come out the first part of December. Alison Munson and Matt Furlong from this group will work together to create a resource guide. This may be something that acts as a promotional guide for 2-1-1 or helps with current resource guides.
- d. **Criminal Justice Services Workgroup** – Kellie McBride put together a job description for a Behavioral Health Coordinator position housed in the Criminal Justice Services Department. A more complete update will be given upon Kellie's return.

6. **Membership Updates**

The LAC is still collecting applications. Currently the LAC still needs three consumer/family member representatives, two Lewis and Clark County School representatives, and one representative from St. Peter's Hospital. Annie Maxiner has submitted an application. Ron Whitmoyer from East Helena Schools is sending a representative. Sue Noem from St. Peter's ER has agreed to join the council as well.

7. **Potential Change in LAC Meeting Date, Time, and Location**

A survey monkey was sent out to all members to help determine when the best time and date would be for future LAC meetings. There is a request for more responses.

8. **Public Comment**

October is Children's Health Month so there are calendars hung throughout the community with fun, healthy activities to complete with children each day.

Journey Home is looking to partner with the hospital or other labs such as urgent care to complete labs necessary for medical clearance to be completed on site. They are currently working with providers through Telehealth and hope to expand this.

Hopefully, this will mean fewer individuals will need to go to the hospital when experiencing a mental health crisis. As a result, CRT staff will no longer need to be in the hospital ER all the time and can instead respond to calls out in the community.

St. Peter's Hospital has hired an individual to provide peer support to those entering the ER for a mental health crisis.

Helena Indian Alliance has also hired peer support specialists.

NAMI is having their Montana State Conference on Mental Illness October 24-26 at the Delta Hotel. Registration is necessary.

9. Next Meeting: November 13, 2018

10. Adjourn

Meeting was adjourned at 12:24pm.